

## Contents

Introduction.....	i
Faculty.....	ii
<b>Medically Fragile Adults: Issues in Evaluation and Treatment</b>	
Where is the medically fragile adult?.....	1
Who is the medically fragile adult client?.....	2
Conditions commonly associated with medical fragility.....	3
Feeding tubes.....	4
Unintentional weight loss.....	5
Malnutrition and undernutrition.....	8
Clinical signs of malnutrition.....	9
Impact of unmanaged dysphagia.....	10
Normal aging.....	11
Pneumonia.....	12
Swallow and bolus flow.....	14
Penetration-aspiration scale.....	15
Videofluoroscopy and manometry.....	17
Presbyphagia.....	18
Pressure/strength.....	19
Functional reserve.....	20
Sarcopenia.....	21
Muscle weakness in old age.....	23
Rehabilitation.....	25
Strengthening and coordination.....	29
Effortful swallow.....	30
Goals of intervention with frail elderly patients.....	31
Tenets of care in medically fragile adults.....	32
Assessment considerations.....	33
Key components of dysphagia evaluation.....	33
Assessment techniques/procedures.....	34
Outcomes of dysphagia evaluation.....	34
Dysphagia intervention goals/considerations.....	35
Ethical decision making.....	36
Feeding tubes: Questions to ask.....	36
Case example 1.....	37
Case example 2.....	41
Case example 3.....	44
<b>References.....</b>	<b>46</b>